

### Walk a Mile

To Keep Seniors Housed

Event Day #1
Tuesday, March 30, 2021

#### **Instructions:**

#### Step 1:

On March 30, take 2,500 steps, which is the distance of a mile, and every 500 steps, stop and think about these facts:

- 1. 10,000 baby boomers turn 65 every day.
- 2. Because of COVID-19, over half of adults 55+ will be retiring in poverty.
- 3. Over the last 25 years, NWPP's advocacy efforts preserved 1,200 units of replacement housing for low-income seniors in downtown Portland and created over 2,000 units city-wide.
- 4. Social security rises about 6% over a 5-year period; but rents in Portland/Multnomah County have risen by 50% in the same time frame.
- 5. NWPP is the only organization in the tri-county area providing housing assistance services to low and very low-income seniors 55 and older.

#### Step 2:

- Post a picture to your Facebook page and tag **@nwpilotproject** when you have finished your 2,500 steps, so we know that you have participated.
- Or you can email Lindsey Leason, Development Coordinator, at <a href="lindseyl@nwpilotproject.org">lindseyl@nwpilotproject.org</a> to let us know how you have participated.
- We have even created a sign that you can print for your selfie!
- We also encourage you to post a picture to your personal fundraising page on our event site!

#### **Fundraising Idea**

This a great way to get the kids in your family excited about fundraising. Kids love earning badges! Get your friends to pledge your steps for the day!

#### **Prizes!**

When we see that you have posted/emailed about your participation we will put a Badge on your 42<sup>nd</sup> Walk-A-Thon Personal Fundraising Page and send you a NWPP Water Bottle!



"Walk A Mile to Keep Seniors Housed"

Fundraiser Badge



# "I Walked A Mile"

for

# NWPP's 42<sup>nd</sup>

## Walk-A-Thon

